

Gryphens Newsletter Lent 2018

Lent term came and went very quickly rowing wise, with crews only having 6 weeks of training together before having to compete in bumps. The weather also proved to be a little disruptive; at the beginning of the term there were continual high winds meaning lower boats weren't allowed out due to "Yellow Flag" conditions. Later on in the term temperatures dropped as we experienced the "Beast from the East" but rowers braved the sub-zero temperatures to continue to train for the upcoming bumps, which were unfortunately disrupted due to treacherous cycling conditions for bank parties along the towpath.



Lent 2018 Boat Club Dinner



Sophie Baldwin, organiser of Newnham Short Course 2018

Newnham Short Course This was again a huge success with 81 boats from a range of colleges entered. The day ran smoothly with Sophie Baldwin taking the helm, and afterwards there were many messages from various people saying how much they had enjoyed racing and how well it had been organised. It seems our goal for keeping it the friendliest race on the Cam was achieved!

Winter head-to-head This was held on the first weekend of term with two Newnham boats taking part. The first VIII won by 40secs over 2nd placed Pembroke, while the second VIII finished fourth in their division.

Pembroke Regatta Is a 1000m side-by-side knock-out which Newnham entered two boats into. W1 won overall competing in a total of 4 rounds with the smallest winning margin being two lengths. 'W2' was a scratch crew with a mix of W2 and W3 who unfortunately lost in the first round to a determined Sidney Sussex W2.



W1 waiting for the start of Pembroke regatta

Getting on Race for Lent bumps for lower boats, there is a race which is held to see which boats should be allowed to race in the Bumps. This year we were one of only two W4s entered and despite unfortunately not qualifying for bumps, they rowed extremely well and even beat a men's crew!



College rowers working together to grit the towpath

Lent Bumps! Due to the 'Beast from the East' bumps was rather disrupted this year due to the tow path becoming too icy for it to be safe. Therefore, when the 3rd day of racing had been cancelled for most divisions, the rowers of Cambridge went down to grit and clear the whole towpath, so that the last two days of bumps was able to run despite the arctic conditions. Below are the overall results; to see race reports for days of racing for each crew check the website:

(<http://newnhamcollegeboatclub.com/index.html>)

W1: Up 1 (Rowed 2 days)

W2: Down 1 (Rowed 3 days)

W3: Down 3 (Rowed 3 days)

Exciting news! Due to very kind donations we have been able to purchase a new VIII for our W1 to row in. We will have a boat naming ceremony **Saturday 5th May** 2.30pm for 3pm start at Jesus college Boat house.

Newnham at the Boat Races Two Newnham athletes competed in the boat races at the end of Lent Term. Ellie Thompson (Geography, 2nd Year) captained the Lightweight squad to victory, whilst Pippa Dakin (Natural Sciences, 2nd Year) was part of the victorious Blondie boat.

May Bumps takes place from **Wednesday 13th June to Saturday 16th June**. It would be great to see as many Gryphens out supporting and attending the BCD on the Saturday after racing, watch this space for more details nearer the time!

If anyone is ever around Cambridge and would like to help coach/follow an outing, then please let us know! Dev Officer (Pippa)
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We would love to hear your stories of your time in NCBC! If you have any photos and a short story or few words, please email them to Pippa (ncbc.development@gmail.com) so we can put them on our website.



Some of W2 making good use of bumps being cancelled.